

“The Wedding of Cana”...

FROM THE GOSPEL ACCORDING TO - *JOHN* -:

“[The mother of Jesus] said to the servers, ‘Do whatever he tells you.’...Jesus told them, ‘Fill the jars with water.’ So they filled them to the brim.” (John 2:5, 7)¹

MEDITATION ON THE MYSTERY:

At Mary’s request, Jesus changed the 6 jars of water into the 6 jars of wine, a figure of the Divine Spirit: so that we may espouse (well and with joy) the right ideal of life – some, partially, and others, totally – in order to reach holiness, which is God’s will for us (cf. *1Thess* 4:3), each according to his or her state in life (*LG*, nn. 39-42). (cf. *SLC*, p. 206G; *F-pfsgm*, *Catechesi*, *Le Nozze di Cana*, 6 giugno 2015)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

In regards to espousing (well) the right ideal of life in Christian marriage, Pope Francis says: *“The sacrament of marriage is...a witness to the courage...to live that love that is always urging us to go on, beyond ourselves.... The decision to ‘wed in the Lord’ also entails a missionary dimension,...having at heart the willingness to be a medium for God’s blessing and for the Lord’s grace to all.”* (FRANCIS, *General Audience*, 6 May 2015)

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ...”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...